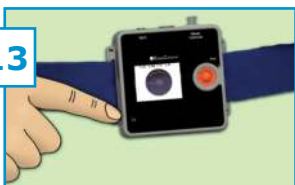


12



13



14



MOVEMENT (PLM)

- Place the sensor onto the ankle or wrist (12).
- Secure the cable with hypoallergenic tape (12).
- Connect the **light gray** coloured connector to the "Aux" input (12 a) and (8).

STARTING THE TEST (MANUAL MODE)

- Press and hold the ON/OFF button  until the device turns on (13).
- Press the joystick to start the test. A light under the screen will flash to confirm that the test has begun (14).

ENDING THE TEST (MANUAL MODE)

- Hold down the ON/OFF button until the message "SHUTTING DOWN" is displayed on the screen (13).

STARTING AND ENDING THE TEST (AUTOMATIC MODE)

- The device can be programmed to start and end the test at a specific time. In that case the starting and ending of the test will be automatic.

The patient must read or be informed of the warnings and precautions described in the user manual.

In home tests, it is highly recommended that sensors placement be carried out by healthcare personnel. If it is done by the patient himself, in case of doubt, contact the health personnel. During the test at home, the patient should only sleep as normally as possible. There are no alarms or situations that require contacting health personnel during the test.

TEMPERATURE AND HUMIDITY ENVIRONMENTAL CONDITIONS

- The device must be **transported** in the provided carrying case and within the following conditions:
T: from -20 to 60 °C. H: <90% without condensation
- The conditions of **use** must be:
T: from 5 to 40 °C. H: from 15 to 90% without condensation
P: from 700 to 1060 hPa (from 3000 to -380 m aprox.)

ADDITIONAL INSTRUCTIONS

CE 0318

Class IIa product according to Medical Device Regulation (EU) 2017/745



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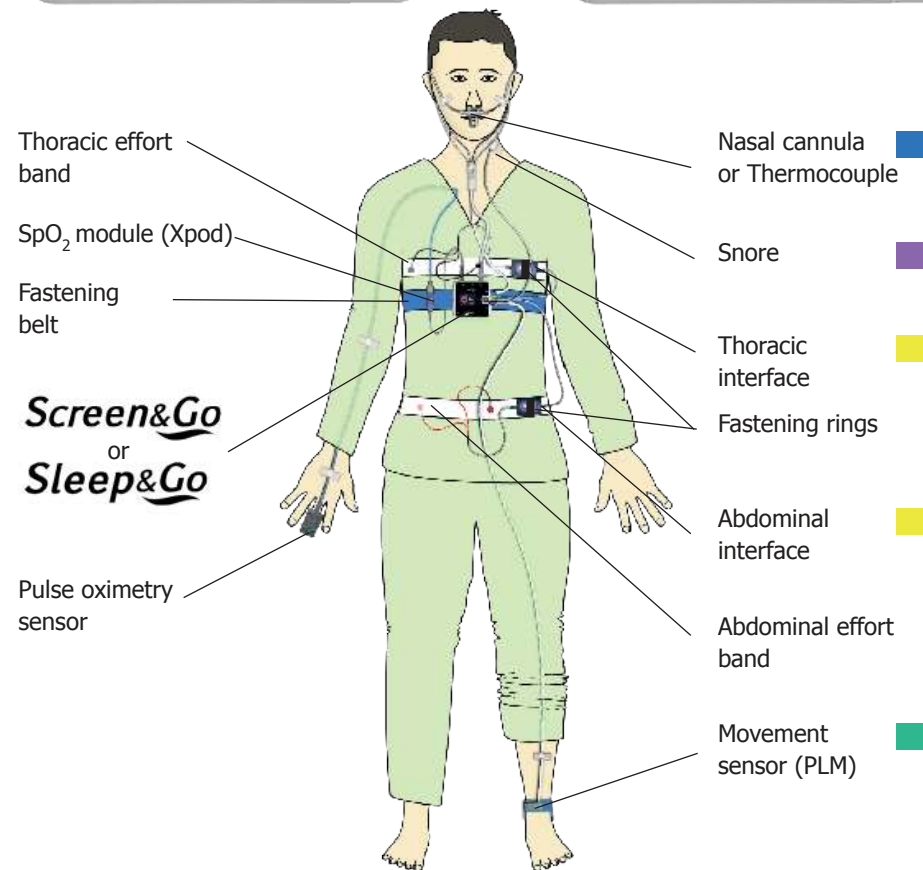
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534-7AB-GR2 Rev. 2.01 2024-05



Quick start guide



User manual included in PDF format. Request a printed copy if necessary.

1



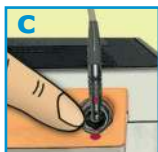
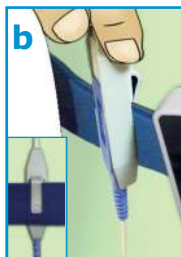
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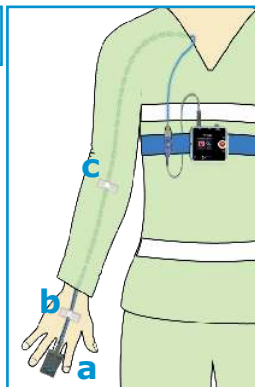
☐ NASAL CANNULA

- Place the nasal cannula as shown in the picture (3). Use hypoallergenic tape to secure the cannula to the cheeks.
- Connect the cannula to the "Nasal cannula" input and rotate it until secured (3a).
- Set below the chin (3b).

4

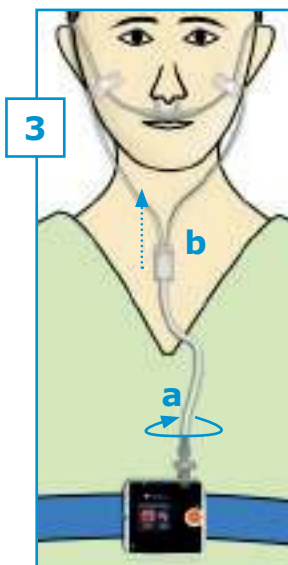


5



☐ FASTENING BELT

- Pass the fastening belt through the side of the device, folding and sticking the belt to itself (1).
- Place the device between the abdomen and thorax and pass the belt around your body.
- Pass the other end of the belt on the other side of the device and adjust it so that it is firmly attached. (2).



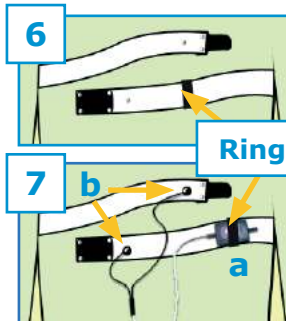
☐ PULSE OXIMETRY

- With the pulse oximetry sensor connected to the Xpod, couple the Xpod to the clipping piece (4a) and attach it to the band, with the long cable of the sensor facing upwards (4b).
- Connect the short cable from the Xpod to the "SpO₂" connector on the device, matching both red marks (4c).
- Insert the index or middle finger into the sensor up to the limit (5a).
- Attach the cable to the hand and forearm with tape (5b and 5c).

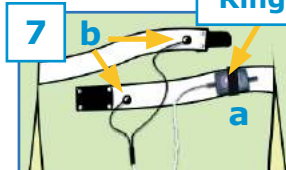
Note:

- It is recommended that the cable is placed along the arm inside the pajamas.

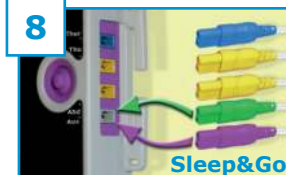
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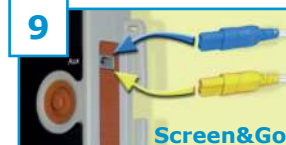
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8



9



☐ EFFORT BANDS

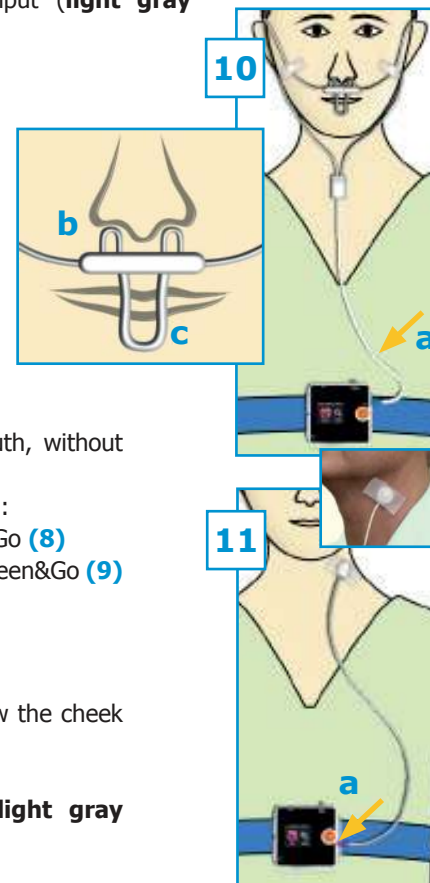
- Adjust the effort bands around the chest and / or abdomen, having previously passed the fastening rings (6).
- Hold the box labeled "Chest" (chest interface) on the chest band with Velcro and secure it with the fastening ring (7a).
- Proceed in the same way with the box labeled "Abd" (abdominal interface) on the abdominal effort band.
- Connect the "clip" type connectors to the brackets of the corresponding band (7b).
- Connect the boxes ("Chest" and / or "Abd") to the "Tho" and / or "Abd" inputs (yellow connector). (8).

Note:

- In the Screen&Go, connect the box ("Chest" or "Abd") to the "Aux" input (light gray connector) (9).

☐ THERMOCOUPLE AIRFLOW

- Place the thermocouple sensor on the upper lip. Fold the prongs (10b), so that the ends are facing the nostril, but without touching the skin. Fix the wires to the cheeks with hypoallergenic tape (10).
- Fold the oral tube (10c) in front of the mouth, without touching the skin or lips.
- Connect the sensor to the device's input (10a):
 - "Ther" (blue connector) in the Sleep&Go (8)
 - "Aux" (light gray connector) in the Screen&Go (9)



☐ SNORE

- Place the sensor at the part of the neck below the cheek (not directly over the larynx).
- Secure with hypoallergenic tape (11b).
- Connect the sensor to the input "Aux" (light gray connector) (11a) and (8).